Fred Johnstone

Principal Consultant at Double Apex

Bio

Fred Johnstone is a Principal Consultant with Double Apex in McLean VA. He is a graduate of St. Louis University in St. Louis Mo. With many years in engineering related fields, he has worked in the food and beverage industry, construction, facility management, and the plastics industry. Fred also has an extensive background in in Federal government consulting with the predominance in Department of Defense programs.

Fred retired from the Pentagon in 2005 and obtained his Six Sigma Green Belt that same year. He is now a Lean Six Sigma Master Black Belt and has done projects with Joint Chief of Staff, Army, Marine Corps, Health and Human Services, and Department of Transportation. He is currently working on programs to reduce operational cost and developing time saving tools to support the depleting government workforce.